



Ultra355® series is the new breed of ultra-distance triathlon; it is sports tourism at its finest, with accessible, safe, and breathtaking locations around the world.

Ultra355 Cozumel® is presented by the team behind UM Australia® (Ultraman distance triathlon), Ultra 355 Australia®, and soon Ultra 355 Canada.

Recognizing that today's triathlete wants something more, Ultra355® is the stepping stone between the "Ironman" distance (140.6 miles) to Ultraman distance events (520 km) in the 3-stage mode.

Ultra355® offers Breathtaking locations chosen for their natural beauty and excellent tourist facilities around the world.

A three-day event with achievable distances, family vacation spots, and the opportunity for family and friends to experience the life and culture of the host locations.

Dates: 9, 10 & 11 SEPTEMBER 2022 Location: Cozumel, Mexico

DISTANCES OF 8 HRS PER DAY

Day 1 Swimming 5 km | Cycling 100 km Day 2 Cycling 200 km Day 3
Running 50 km

**Individual Race (without support equipment).





DAY 1 "5KM SWIM +100 KM CYCLING". Friday, September 9, 2022 6:00 - 14 hrs.

SWIM TEST:

Friday 06:00 hrs-09:00 hrs. Start and finish line at Chankanaab Park with a 2.5 km return to the north.



Participants: 10 (Countries: Mexico, North Korea and Australia).

Staff: 60 (Organization, volunteers, marine safety, road safety, etc)..



CYCLING ROAD CLOSURE: Leaving Chankanaab Park towards Punta Sur on the bike path following the natural direction of this; completing the marked kilometers to the **"Transversal"** road to turn left at the height of **Av. 30 Pedro Joaquín Coldwell** and then turn right at the corner of **Av. Andres Quintana Roo** and thus reach the **Av. Rafael E. Melgar** where we will turn left and ride along this avenue until we reach the crossroads of Calle 31 and continue on this giving a left turn (in the natural direction and side of the road). Melgar where we will make a left turn and go along this avenue until we reach the intersection of **Calle 31** and continue on this street making a left turn (in the natural direction and side of the road), continuing again until Av. 30 Pedro Joaquín Coldwell until the end of the latter, the road makes a left turn towards **Calle 39** and marks a junction on **Av. 8 de Octubre** which we will circulate with a turn to the right and we will travel in its totality until we meet the crossroads located on **Av. Rafael E. Melgar (crossing M. Melgar Street). Melgar (crossing Melee Street and continuing straight until the end of this avenue);** to be able to join again the Ciclo vía or Carretera Costera Sur, (a few meters from the facilities of the Marina Fonatur Cozumel) where a return will be indicated at the height of "Playa Playancar": returning in the same direction and traffic on the ciclo vía and then on Rafael E. Melgar Avenue to the Quintana Roo Park, where the finish point of this stage and the following 2 days will be located.

FINISH LINE: Parque Q. Roo 14:00 hrs.

**Fixed supply points Day 1
Cycling (100 kms):**

1. Departure/Start:
Chankanaab Park.
2. Entrance to Punta Sur.
3. "Mezcalitos" (Vuelta towards "Transversal" road).
4. Finish/Finish Quintana Roo Park.

*Mobile units will be available for emergency supplies along the route.





DAY 2 "200 KM OF CYCLING" Saturday, September 10 6:00 - 14:00 hrs.

ROAD CONTROL ON THE CYCLING ROUTE: Saturday 06:00 am, the route starts at the Quintana Roo Park following on Rafael E. Melgar Ave. Melgar in the direction of the Military Air Base, passing Puerto de Abrigo to reach the return point marked in front of the Hotel B Cozumel facilities (in order not to affect the traffic on the avenue we suggest closing only one way and make a "U" turn on that same side); After the return, follow the same direction until the exit point and there join the natural traffic side of the avenue to continue until you rejoin the "Ciclo vía libre" or "Carretera Costera Sur", completing the marked kilometers until the "Transversal" road to turn left and make use of the latter, allowing you to get to Av. 30 (Pedro Joaquín Coldwell), turn right at the corner of Andres Quintana Roo Avenue and thus reach Quintana Roo Park; upon reaching Rafael E. Melgar Avenue a left turn would be made (up to this point 72 km would have been covered). At the intersection of Avenues Andres Quintana Roo and Rafael E. Melgar turn left; the route is only until you reach the intersection of Calle 31 to continue on this giving a left turn (in sense and natural side of the road), continuing again to Av. 30 Pedro Joaquin Coldwell until the end of the latter, the road marks a left turn to Calle 39 and marks a junction on Av. 8 de Octubre which we will circulate with a turn to the right and we will travel in its totality until we find the crossing located on Rafael E. Melgar Avenue (crossing Melee Street and continuing straight until the end of this avenue); to incorporate again to the Ciclo vía or Carretera Costera Sur with the same indications until arriving at this point 2 times, that is to say, 2 laps of 64 km to complete the 200 marked in this stage.

FINISH LINE:

Parque Q. Roo 14:00 hrs.

Refueling points Day 2 Cycling (200 kms):

1. Return to Glorieta Hotel B Cozumel.
2. Entrance to Chankanaab Park.
3. Entrance to Punta Sur
4. "Mexcalitos" Turn towards "Transversal" road.
5. Finish line: Quintan Roo Park.

*Mobile units will be available for emergency supplies along the route.





DAY 3 50km PEDESTRIAN RACE Sunday, September 11 from 5:00 - 13:00 hrs.

ROAD CLOSURE PEDESTRIAN RACE: On Sunday the activities begin at 05:00 am, the route starts at the Quintana Roo Park for the second time following on Rafael E. Melgar Ave. Melgar towards the Military Air Base, arriving at the traffic circle of the Hotel Melia Cozumel where the return point is marked (to avoid affecting the traffic on the avenue we suggest closing only one way and make a "U" turn on the same side); after the return follow the same direction until the exit point, to continue until rejoining the free bike path or Carretera Costera Sur, completing the marked kilometers until the second return point marked 200 meters after the Iberostar hotel; the indication is to make the same return trip on the bike path in its natural direction until you reach the finish point located in the Quintana Roo Park.

FINISH LINE: Parque Q. Roo 13:00 hrs.

Refueling points Day 2 Cycling (200 kms):

1. Return to Glorieta Hotel Melía.
2. Quintana Roo Park
3. Entrance to Chankanaab Park.
4. Return.
5. Finish line/arrival.

*Mobile units will be available for emergency supplies along the route.



Sincerely yours:

Ing. Miguel Ángel García Díaz. Career Director.
Ada Judith Rojas: Race Coordination. Anthony
Horton: CEO Ultra 355.